



## TRAVEL PLANNING

Every day, people from all over the world (and right down the street) visit The Steadman Clinic because our physicians and surgeons deliver the very latest orthopaedic treatment options with truly patient-focused care. Luckily, access to our "world-renowned" clinic has never been easier. If you would like assistance in booking your accommodations, please contact [Here to Help of Vail](#) (970-949-4248), a free travel planning service for our patients.

Access to world renowned orthopaedic care at The Steadman Clinic has never been easier. The Steadman Clinic is located in Vail in the central Rocky Mountains of Colorado, 100 miles west of Denver and just 30 miles east of the Vail/Eagle County Airport (EGE). Interstate 70 is a scenic and direct route into Vail from just about anywhere.

The Steadman Clinic Physical Address (located in the Vail Valley Medical Center)

### [The Steadman Clinic](#)

181 West Meadow Drive  
Vail, CO 81657  
(970) 476-1100

**Main Entrance of Vail Valley Medical Center while under construction – use this address for driving directions: 180 S Frontage Road W, Vail, CO 81657**

### [Denver International Airport \(DEN\)](#)

Denver International Airport is located 120 miles (less than 2 hours) east of Vail and is a non-stop destination for major domestic and international airlines. Car rentals, taxi and shuttle services are available.

### **Directions from Denver International Airport**

Take Pena Boulevard from Denver International Airport to Interstate 70 (I-70) west

Proceed for approximately 120 miles to the Vail exit #176

At the traffic circle, take the 4th exit onto Vail Rd

At the next traffic circle, continue straight to stay on Vail Rd

Turn right at the stop sign, heading west on W Meadow Dr

Turn right after .2 miles into the Vail Valley Medical Center. The Steadman Clinic is located inside.

### [Vail/Eagle County Airport \(EGE\)](#)

The Vail/Eagle County Airport is located just 30 miles (40 minutes) from Vail and is serviced by American, Continental, Delta and United airlines. Car rentals, taxi and shuttle services are available.

## [Jet Center at Eagle County Airport](#)

Located just 30 miles (40 minutes) from Vail for private and chartered flights

### **Directions from Vail/Eagle County Airport**

Take Cooley Mesa Road (main airport road) to Highway 6. Take a right on Highway 6. You will be heading east

Follow Highway 6 to signs for Interstate 70 (I-70) east

Proceed on I-70 for approximately 25-30 minutes, to the Vail exit #176

At the traffic circle, take the 2nd exit onto Vail Rd

Turn right at the stop sign, heading west on W Meadow Dr

Turn right after .2 miles into the Vail Valley Medical Center. The Steadman Clinic is located inside.

### **Airport Shuttles**

[Colorado Mountain Express](#) offers daily door-to-door shuttles and private chauffeured travel to and from the Denver International and Vail/Eagle airports. (800) 525-6363 or [www.ridecme.com](http://www.ridecme.com)

### **Taxi / Limousine Service**

[Silent Partner Limousines](#) - (970) 470-2587 (preferred partner of The Steadman Clinic)

Silent Partner Limousines offers private chauffeured airport transportation. Door to Door service from Denver or Eagle Airports.

Vail Valley Taxi - (970) 476-8294

High Mountain Taxi - (970) 524-5555

### **Parking**

FREE visitor parking is available in the front lot, located just outside the main hospital entrance at 180 S. Frontage Rd.

### **Lodging**

In preparation for your stay, we have provided the following information to help you choose your accommodations. Please mention you are a patient of The Steadman Clinic for special lodging rates at participating properties. If you would like assistance in booking your accommodations, please contact [Here to Help of Vail](#) (970-949-4248), a free travel planning service for our patients.

### **RECOMMENDED HOTELS - VAIL**

[Four Seasons Resort](#) (970) 477-8600 – offers patient discount to our patients

[Sonnenalp Hotel](#) (866) 284-4411 - offers patient discount to our patients

[The Sebastian - Vail](#) (877) 899-7845 - offers patient discount to our patients

[Evergreen Lodge](#) (970) 476-7810 - offers patient discount to our patients

[Lodge at Vail](#) (888) 367-7625

[The Arrabelle](#) (888) 367-7625

[Vail Cascade Hotel](#) (970) 476-7111

[Mountain Haus](#) (800) 237-0922

#### **RECOMMENDED CONDOMINIUMS - VAIL**

[Christiania at Vail](#) (800) 530-3999

[Lodge Tower](#) (800) 654-2517

[Manor Vail Lodge](#) (970) 476-5000

#### **RECOMMENDED HOTELS - BEAVER CREEK**

[Westin Riverfront](#) (970) 790-6000 - offers patient discount to our patients with Howard Head location onsite

[The Ritz-Carlton, Bachelor Gulch](#) (970) 748-6200

[Park Hyatt Beaver Creek Resort & Spa](#) (970) 949-1234

[The Osprey](#) (888) 367-7625

[Pines Lodge](#) (888) 367-7625

[Beaver Creek Lodge](#) (970) 845-9800

[Poste Montane](#) (800) 497-9238

#### **RECOMMENDED CONDOMINIUMS - BEAVER CREEK**

[The Charter](#) (800) 525-2139

[East West Resorts](#) (888) 832-7893

[Kiva at Beaver Creek](#) (800) 228-7306

#### **GENERAL RESERVATIONS**

[Here to Help of Vail](#) (970-949-4248)

[Vail Lodging](#) (800) 805-2457

[Beaver Creek Lodging](#) (800) 805-2457

## **Weather & Altitude**

### **Weather**

Temperatures and weather can change rapidly in the Rocky Mountains. Bring extra clothes, check weather reports before leaving home and be prepared. The sun is more powerful in the thin mountain air, so wear sunscreen and sunglasses/goggles with ultraviolet protection.

### **Altitude**

Our clinic sits 8,150 feet above sea level. Some people experience altitude sickness during their visit which may include a headache, nausea, or unusual tiredness. These symptoms usually go away in a day or two. If they grow worse, or if you are worried, be sure to consult a doctor. Some tips to avoid these symptoms include eating foods high in carbohydrates, drinking more water and reducing your alcohol, coffee and sodium intake

### **Concierge Service**

For assistance with your Travel Planning and for special care associated with your non-medical pre and post-operative needs, we recommend [Here to Help of Vail](#) (970-949-4248). For assistance with dining, activities and more please contact your hotel concierge.