



THE STEADMAN CLINIC **STEADMAN PHILIPPON** RESEARCH INSTITUTE

Keeping People Active

Heal in the
Rocky Mountains

The Steadman Clinic and Steadman Philippon Research Institute



Our Mission

The goal of The Steadman Clinic and Steadman Philippon Research Institute (SPRI) is to keep people active. Whether you are an injured professional athlete or just want to be able to walk again without pain, our physicians will do their best to help you achieve your goal.

Our success in helping our patients reach their goals is what attracts people to The Steadman Clinic. Every day, people from all over the world (and right down the street) visit The Steadman Clinic because our physicians and surgeons deliver the very latest orthopaedic treatment options with truly patient-focused care. Access to our world-renowned clinic has never been easier. SPRI, the clinic's sister, non-profit research organization, is also located in Vail, Colorado.

Steadman Philippon Research Institute

The Steadman Philippon Research Institute (SPRI) collects patient-centered outcomes data on every patient who visits The Steadman Clinic. This data allows our clinic physicians and scientists to translate their research findings into improved patient outcomes and care worldwide. SPRI currently manages more than 20 million data-points in its clinical database, making

it one of the largest orthopaedic outcomes databases in the world. Data for every knee patient at The Steadman Clinic since 1993 has been entered into SPRI's database, with hundreds of data-points collected per patient.

By combining SPRI's Preventive, Innovative and Regenerative research with our experienced physicians, we deliver an overall better patient experience. In addition, one of SPRI's research departments, Center for Regenerative Sports Medicine, provides the opportunity to discover ways to preserve joints through stem cell research.

Center for Regenerative Sports Medicine

With his extensive knowledge in the areas of stem cell, tissue engineering and regenerative medicine, Johnny Huard, PhD, Director of SPRI's Center for Regenerative Sports Medicine (CRSM) department, advances the pioneering work in regenerative sports medicine and stem cell research. Ultimately, CRSM gives patients of The Steadman Clinic the opportunity to recover faster and stronger. The clinic's team of physicians and the SPRI researchers envision every person having the opportunity to harvest his or her own stem cells and re-inject them into the body to help delay various aging processes such

as osteoporosis or osteoarthritis as well as speed up recovery from injury or illness. The quality of research within SPRI, has led to many accomplishments in orthopaedic care; including the official designation as an USOC National Medical Center.

Designated National Medical Center

The Steadman Clinic and SPRI are designated as a National Medical Center within the United States Olympic Committee's National Medical Network, one of only two such centers since the network was first announced in August 2013. As a National Medical Center, The Steadman Clinic and SPRI contribute to Team USA by delivering orthopaedic and sports medicine care to the elite athletes of Team USA in the western United States. It is important to us that our patients know that our goal is to keep all people active. Our value of services extends to everyone who comes to The Steadman Clinic. We are proud to support Team USA and the athlete in all of us.



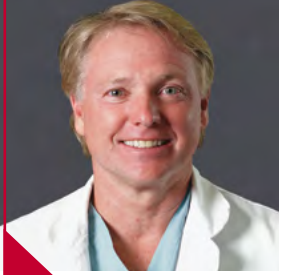
U.S. OLYMPIC
NATIONAL
MEDICAL CENTER

The Steadman Clinic Physicians

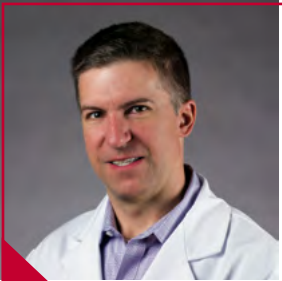


Our Specialties

Knee	Hip
Complex Knee	Sports Medicine
Shoulder	Spine and Neck
Elbow	Regenerative Medicine
Hand and Wrist	Microvascular Surgery
Foot and Ankle	Trauma



Marc Philippon, M.D.
Managing Partner; Hip



Randy Viola, M.D.
Hand, Wrist, Elbow,
Microvascular Surgery



**Donald Corenman,
M.D., D.C.**
Spine, Neck



David Karli, M.D., MBA
Spine, Sports and
Regenerative Medicine



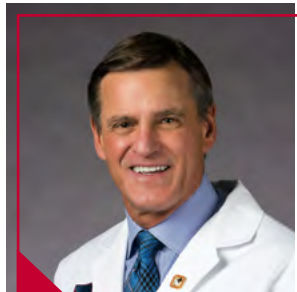
Tom Hackett, M.D.
Knee, Elbow,
Shoulder, Trauma

Want to learn more about our
physicians? Visit our website.

OFFICIAL MEDICAL PROVIDER



Peter Millett, M.D., M.Sc.
Shoulder, Sports Medicine



Thomas Clanton, M.D.
Foot, Ankle, Trauma



**Robert LaPrade,
M.D., PhD**
Complex Knee,
Sports Medicine



Thos Evans, M.D.
Regenerative Medicine,
Pain Management



**Matthew Provencher,
M.D., MC, USNR**
Shoulder, Knee,
Sports Surgery

The Steadman Clinic Surgery Information



Surgery

When surgery is necessary to correct an orthopaedic disorder or injury, our clinics have state-of-the-art operating suites standing nearby. Equipped with the most advanced instrumentation and equipment, these operating rooms are staffed by a highly trained group of nurses who assist the physicians during surgery, and monitor patients in the recovery room. If surgery is recommended, the operative plan and the recovery process are thoroughly explained to the patient by the physician.

Emergency Information

Our clinics will always have a physician on call in case of after hours emergencies. If you need to contact a physician when the clinic is closed, call the regular clinic number and our answering service will notify the physician on call to contact you.

Clinic Locations

The Steadman Clinic suites are located on the second and third floor of the Vail Valley Medical Center in Vail. The Steadman Clinic MRI is located on the first floor.

The Steadman Clinic also has suites in Edwards and Frisco, Colorado.



TSC utilizes progressive programs designed to achieve optimal results toward full recovery.

Facility Affiliations

If you and your physician decide upon a surgical procedure, our facility affiliations are the following:

Vail Valley Medical Center - Vail

Vail Valley Surgery Center - Vail

Vail Valley Surgery Center - Edwards

St. Anthony's Summit Medical Center - Frisco

Peak One Surgery Center - Frisco

Please make sure these facilities are contracted with your insurance plan, as they are just affiliations of The Steadman Clinic

Vail Location

181 W. Meadow Drive, Suite 400
Vail, CO 81657

Frisco Location

360 Peak One Drive, Suite 340
Frisco, CO 80443

Edwards Location

322 Beard Creek Road
Edwards, CO 81632

The Steadman Clinic Insurance Information



Insurance and Billing

Due to the ever changing insurance industry and multiple plans offered by each insurance carrier, it is best to confirm The Steadman Clinic's participation by calling your insurance company. Please provide them with the following information:

Our Tax ID Number

84-1415470; each of our ten physicians are listed under this Tax ID number.

Our Physical Address

181 West Meadow Drive, Suite 400
Vail, CO 81657.

Many insurance carriers require that we collect co-pays and/or deductibles from the patient. If you have an office visit co-pay for a specialist, you will be expected to pay that amount at the time of service. Due to federal laws, as well as our individual contracts with the insurance carriers, we are prohibited from waiving these fees.

Accepted Insurance Carriers

Anthem BCBS PPO
Anthem BCBS HMO
Beechstreet
Cigna PPO/POS/OAP/Indemnity
Cofinity
GEHA PPO USA
Humana Choice Care PPO
Medicare B
(except Dr's Philippon & Millett)
Multiplan PPO
PacifiCare PPO
PHCS PPO
Rocky Mountain Health Plans
HMO & PPO (except Dr. Millett)
The Colorado Network PPO
United Healthcare

Other Insurance Carriers

If we are not contracted with an insurance plan, it is our policy to collect 100% of the bill at time of service. As a courtesy, we will submit the claims to the insurance carrier on your behalf. If the carrier does not pay on the claim, you will be contacted for the remaining payment on your account.

Workers Compensation

For patients whose injury is work related, you must provide the schedulers with all pertinent information such as insurance carrier, claim number, date of injury, adjustor's name, phone and fax number before the appointment is scheduled.

Referrals

A referral is sometimes required in order to be seen by a specialist. You will need to contact your insurance company to find out if a referral is needed. You must ensure that we have the referral prior to your visit, otherwise you will be financially responsible at the time of service.

Private Pay

If you are private pay, you will be expected to pay in full at the time of service.

Billing Office Contact

Please contact our billing department if you have any questions regarding your account balance at 866.942.2688.

Payment Address

The Steadman Clinic
PO Box 660706
Dallas, TX 72566-0706

The Steadman Clinic



Our Patient Appreciation Services

Located in the beautiful Rocky Mountains of Colorado, Vail is like nowhere else on earth, making it one of the top-ranked destinations in the world. Vail is also home to The Steadman Clinic and the ideal destination for orthopaedic treatment and healing. While receiving treatment and care with us, patients will be able to experience all of the amenities Vail has to offer.

We are just a phone call away to help facilitate your access to services at The Steadman Clinic and provide assistance with personal requests.

If you would like assistance related to your visit to the clinic, please contact our Patient Appreciation Services Coordinator, Anya Strauss:



970.306.9446



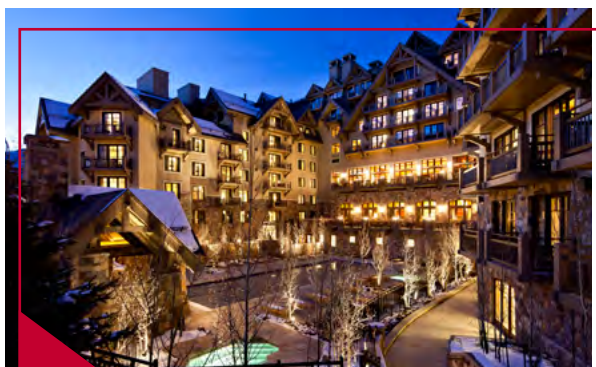
astrauss@sprivail.org

Activities, Dining and Spa Services

We are happy to assist you during your stay with recommendations and bookings for activities, dining and spa services, as well as provide assistance with ski rentals and storage. Vail and Beaver Creek feature world-class dining, so as soon as you schedule your clinic appointment, contact our Patient Appreciation Services Coordinator to make your reservation!

Lodging

We have partnerships in place with several hotels and residences, exclusively for our patients, offering discounted patient rates and ease-of-access following surgery. Our Patient Appreciation Services Coordinator is able to assist with booking.



**Lodging available right along
the Vail mountainside**

Transportation

Private transportation is available upon request. Please give as much notice as possible and email your flight information and the number of passengers traveling to our Patient Appreciation Services.



Grocery Shopping

Grocery Shopping for your stay is available via Resort Delivery with a 24 hour minimum advance notice.

Activities we Recommend for Families Visiting Vail

Winter

Skiing/Snowboarding
Snowmobiling
Snowshoeing
Dog Sledding
Ice Skating

Summer

Hiking
Biking
Rafting
Farmer's Markets
Summer Concerts



The Steadman Clinic



Affiliated with Howard Head Sports Medicine

The best orthopaedic outcomes demand the best physical therapy. For decades, The Steadman Clinic has partnered with Howard Head Sports Medicine in Vail to help athletes of all levels rebuild their body and spirit. The physical therapists at Howard Head work closely with the world's top orthopaedic doctors and researchers, developing evidence-based rehabilitation plans to get people back to the activities they love. After inventing metal edge skis and forever changing skiing and racquet sports, the late Howard Head is still advancing sports by shaping the future of physical therapy. Howard Head Sports Medicine has ten locations throughout Eagle and Summit counties.



TSC and Howard Head work together to get patients back to the activities and sports they love.

Capabilities

Physical Therapy

Utilizes a variety of procedures to restore function to the body, reduce pain and help prevent future injury.

Sports and Orthopaedic Rehabilitation

Evidence and outcome-focused approach, our therapists use innovative treatment techniques to help patients return to the activities and sports they love to do.

Aquatic Therapy

Non-weight-bearing properties of water create an ideal rehabilitation environment, especially for post-operative patients or those with back and spine injuries.

Lymphedema Therapy

Incorporates swelling-reducing massage to improve lymphatic flow and help speed recovery.

Men's and Women's Health Programs

Specialists evaluate and treat incontinence, pregnancy and post-partum pain, overactive bladder, pelvic pain/weakness, prolapse, interstitial cystitis and tailbone pain.

Pilates

Classical Pilates mixed with traditional physical therapy allows patients to be active in their care and maintain strength.

Dry Needling

Reduces muscle pain and dysfunction associated with trigger points.

Hand Therapy Conditions

Includes fractures, tendon injuries, peripheral nerve injuries, carpal tunnel syndrome, crush injuries and repetitive motion disorder.

Vestibular Rehabilitation

Non-invasive and drug-free therapy option for combating dizziness, vertigo, imbalance and other inner ear disorders.

Please visit howardhead.com to learn more.



OFFICIAL MEDICAL PROVIDER



Steadman Philippon Research Institute



The Steadman Philippon Research Institute (SPRI), an independent, tax-exempt (IRS code 501(c)(3)) charitable organization, is dedicated to keeping people of all ages physically active through orthopaedic research and education in the areas of arthritis, healing, rehabilitation and injury.

Funding for research and education programs comes from public donations and fundraising events (grateful patients, and the physicians of The Steadman Clinic), corporations, and competitive grants.

Philanthropic gifts are used to advance scientific research and to support scholarly academic programs that train physicians for the future.

Our Primary Areas Of Research And Education

BioMedical Engineering

Outcomes-Based Orthopaedic Research

Regenerative Sports Medicine Research

Imaging Research

Surgical Skills Laboratory

Education and Fellowship Program

Education and Public Outreach Committee (EPOC)



The SPRI Sports Medicine Fellowship program accepts six candidates to participate in the program for one year.

Above: 2015-2016 Sports Medicine Fellows with TSC Physicians



SPRI is dedicated to keeping people active through orthopaedic research, including the study of stem cells and gene therapy.



Eagle County fifth graders tour the SPRI laboratories



EPOC Science Club members celebrate after their final presentations to TSC physicians and SPRI engineers and scientists.

Thank You.



We appreciate you taking the time to learn more about The Steadman Clinic and the ways we can keep you active.

Our physicians, staff and partners will work hard to ensure that your visit provides you with the best orthopaedic care, personal assistance and access to the best qualities of beautiful Vail, Colorado.

Please feel free to contact us with any questions you may have.



970.479.5805



181 W Meadow Drive, Suite 400
Vail, CO 81657-5059

Find our location on Google Maps

Visit TSCandSPRI.com

*Photos courtesy of Vail Valley Medical Center, The Steadman Clinic
and Steadman Philippon Research Institute*